COMPETITION TEST- ΑΡΧΑΡΙΩΝ (E) (2019)

Name:.....NF......Position

		ΚΙΝΗΣΕΙΣ	ΑΞΙΟΛΟΓΗΣΗ
1	А	Enter in rising trot	SEAT:
	x	Halt immobility-Salute	Balance, flexibility, elasticity, position of legs, shoulders, head, hand.
		Procced at working trot	
		Towards C	
2	M-B-F	Sitting trot	-
3	A-C	Serpentine 3 equal loops	_
4	Between	Right canter	AIDS:
	C&M B-E-B	Circle 20 m	Balance between legs, reins, influence of the rider on the horse.
5	B-F-A	Right canter	-
	Between E&H	Sitting trot	
6	н	Half circle (10m diameter) Towards E	
7	E-K-A-F-M	Rising trot on the correct leg.	EFFECTIVENESS: Contact, changes, flexibility, harmony, correction, punctuality of the test movements.
8	C	Halt immobility 4 sec. Proceed at sitting trot	
9	Between C&H	Left canter	
	E-B-E	Circle 20 m	
10	E-K-A	Left canter	
	Between B&M	Sitting trot	
11	M	Half circle (10m	EVALUATION, ADVICE:
		diameter) Towards B	
12	B-F-A-K	Sitting trot H	-
	K-X-M	Diagonal change rising	
	M-C	trot	
10		Sitting trot	_
13	C H-X-F	Transition to walk Diagonal change in free walk	
14	Before F F-A-X	Retake reins	4
14	F-A-X X	Sitting trot Halt-immobility-Salute	